

Classes/Resources:

- 1. InfantRisk Call Center (806) 352-2519 (8-3 M-F)
- 2. BSA Monthly classes <u>Classes & Events | BSA Health System</u>

 (https://bsahs.org/calendar)
- 1. BSA Breastfeeding Hotline at 806-212-5548 (8:30-5 every day)
- 2. Free online classes <u>Childbirth Education</u> | <u>BSA Health System</u> (https://bsahs.org/childbirth-education)
- 1. NWTHS Breastfeeding Hotline 806-354-1386 (8-5 every day)
- 2. NWTHS Prenatal breastfeeding classes 2nd Saturday of every month
- 3. Healthy Women Amarillo Resources | Healthy Amarillo Women (https://healthyamarillowomen.org/resources/)
- Local monthly meeting every second or third Saturday from 3:30-5
 Announced on FB group <u>Amarillo Breastfeeding Mommas | Facebook</u>
- 8. Texas Lactation Support Hotline at 855-550-6667 (24/7)
- 9. WIC office 806-371-1119 (8:30-5 M-F)

Lactation consultants:

Tiffany Bateman, RN, BSN, IBCLC (806) 212-5548—BSA

Holly Strickland, CCC-SLP, CLC (806) 353-3596—Turn Center

Amanda Castillo, RNC, IBCLC (806) 491-1401

https://facebook.com/InfantRiskCenter

https://www.infantrisk.com/infantrisk-center-resources

To donate to the InfantRisk Center, visit https://donate.give2tech.com/

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